■ PROGRAMME AT A GLANCE

DAY 1 - Monday, March 6th Times Conference sessions Pitch sessions Meetings are CET 9.00 am ₩ELCOME COFFEE 9.30 am 3.5 room One-9.30 am 10.30 am Innovations to manage chronic conditions for on-one seniors at home meetings ITT. 10.30 am NETWORKING BREAK 11.00 am 3.5 room PLENARY SESSION 11.00 am From healthy ageing to lifelong approach: 12.30 pm Towards better prevention and integrated care pathways **%**LUNCH 12.30 pm 2.00 pm 3.5 room 3.6 room Innov'Area Discussing the role Insights into innovation 2.00 pm and limits of data Pitches 3.30 pm strategies of residential in improving ageing care providers One-PHYSICAL ACTIVITY & NUTRITION on-one meetings 3.30 pm NETWORKING BREAK ITT. 4.00 pm 3.5 room 3.6 room Innov'Area Biology of ageing and healthy lifespan expansion: Examining what we do Exploring the role of 4.00 pm Pitches nutrition in frailty: 5.00 pm Evidence and and do not know about the MONITORING & perspectives **PREVENTION** ageing process 3.5 room Innov'Area Active ageing: 5.15 pm Pitches 6.15 pm What are the latest innovative approaches to preserve physical and cognitive capital? TECHNICAL AID / TEXTILE INNOVATION M NETWORKING DRINKS From 6.15 pm Lille northern France site of excellence pavilion (A1)

AgeingFit conferences are in English with simultaneous translation into French.

	DAY 2 - ⁻	Tuesday, March	7^{th}	
Times are CET	Conference se	essions	Pitch sessions	Meetings
8.30 am 9.00 am	₩ELCOME COFFEE			
9.00 am 10.15 am	3.5 room Will the future of long-term care be our own home?			
10.15 am 10.30 am	NETWORKING BREAK			
10.30 am 11.30 am	for successful scaling of healthy ageing innovations	3.6 room Towards higher quality of care in nursing homes: How to improve staff training and make the sector more attractive?	Innov'Area Innovation Pitches	
11.45 am 12.45 pm	3.5 room Artificial Intelligence: What real potential to accelerate longevity and ageing research?	3.6 room Practitioners' perspectives on nutrition: Dietary practices and needs of older adults	AGE-FRIENDLY ENVIRONMENT / FINANCIAL SERVICES	One- on-one meetings
12.45 pm 2.00 pm		COCKTAIL LILLE NORTHERN FRANCE SITE OF EXCELLENCE PAVILION (A1) LUNCH		and my
2.00 pm 3.00 pm	3.5 room What are the current proposed business models for prevention products and solutions?		Innov'Area Innovation Pitches MENTAL & COGNITIVE HEALTH	
3.00 pm 3.30 pm	NETWORKING BREAK			
3.30 pm 4.30 pm	3.5 room Which current applications and adoption for robots and virtual reality in older adults' homes?			
4.30 pm	<u> </u>	Innov'Area Award Ceremony		
Track 1: Scaling up health innovations in the Silver Economy Track 2: Prevention through nutrition and physical activity				

Track 3: Diagnosing and treating age-related conditions

Track 5: Technologies and services for ageing well at home

Track 4: Innovations in residential care settings.