













PROGRAMME AT A GLANCE






DAY 1 - Monday, March 6th

Times are CET	Conference sessions	Pitch sessions	Meetings
9.00 am 9.30 am	 WELCOME COFFEE		
9.30 am 10.30 am	3.5 room Innovations to manage chronic conditions for seniors at home		One-on-one meetings 
10.30 am 11.00 am	NETWORKING BREAK		
11.00 am 12.30 pm	3.5 room PLENARY SESSION From healthy ageing to lifelong approach: Towards better prevention and integrated care pathways		
12.30 pm 2.00 pm	 LUNCH		
2.00 pm 3.30 pm	3.5 room Insights into innovation strategies of residential care providers	3.6 room Discussing the role and limits of data in improving ageing population health PHYSICAL ACTIVITY & NUTRITION	Innov'Area Innovation Pitches
3.30 pm 4.00 pm	NETWORKING BREAK		
4.00 pm 5.00 pm	3.5 room Biology of ageing and healthy lifespan expansion: Examining what we do and do not know about the ageing process	3.6 room Exploring the role of nutrition in frailty: Evidence and perspectives MONITORING & PREVENTION	Innov'Area Innovation Pitches
5.15 pm 6.15 pm	3.5 room Active ageing: What are the latest innovative approaches to preserve physical and cognitive capital?	Innov'Area Innovation Pitches TECHNICAL AID / TEXTILE INNOVATION	One-on-one meetings 
From 6.15 pm	 NETWORKING DRINKS Lille northern France site of excellence pavilion (A1)		

AgeingFit conferences are in English with simultaneous translation into French.

DAY 2 - Tuesday, March 7th

Times are CET	Conference sessions	Pitch sessions	Meetings
8.30 am 9.00 am	 WELCOME COFFEE		
9.00 am 10.15 am	3.5 room Will the future of long-term care be our own home?		One-on-one meetings 
10.15 am 10.30 am	NETWORKING BREAK		
10.30 am 11.30 am	3.5 room Entrepreneurs' checklist for successful scaling of healthy ageing innovations	3.6 room Towards higher quality of care in nursing homes: How to improve staff training and make the sector more attractive?	Innov'Area Innovation Pitches
11.45 am 12.45 pm	3.5 room Artificial Intelligence: What real potential to accelerate longevity and ageing research?	3.6 room Practitioners' perspectives on nutrition: Dietary practices and needs of older adults AGE-FRIENDLY ENVIRONMENT / FINANCIAL SERVICES	One-on-one meetings 
12.45 pm 2.00 pm	 COCKTAIL LILLE NORTHERN FRANCE SITE OF EXCELLENCE PAVILION (A1)	 LUNCH	
2.00 pm 3.00 pm	3.5 room What are the current proposed business models for prevention products and solutions?	Innov'Area Innovation Pitches MENTAL & COGNITIVE HEALTH	One-on-one meetings 
3.00 pm 3.30 pm	NETWORKING BREAK		
3.30 pm 4.30 pm	3.5 room Which current applications and adoption for robots and virtual reality in older adults' homes?		One-on-one meetings 
4.30 pm	Innov'Area Award Ceremony		

-  Track 1: Scaling up health innovations in the Silver Economy
-  Track 2: Prevention through nutrition and physical activity
-  Track 3: Diagnosing and treating age-related conditions
-  Track 4: Innovations in residential care settings
-  Track 5: Technologies and services for ageing well at home